



Thankfully, our pupil survey indicates that bullying does not take place that often in our school.

But even one case of bullying is too many, so we must all work together to make sure it does not happen.



At St. Paul's we only have four rules.
We all RISE up to reflect God's image.

We are...

RESPONSIBLE

INDEPENDENT

SAFE

EQUAL

Bullying is not acceptable, and to be a bully, is to break all our four rules.

St. Paul's Catholic Primary School



School Council
Leaflet

Our policy
AGAINST
BULLYING

What is bullying?

Bullying is when a person or a group of people, intentionally and repeatedly cause harm or distress to another person.

S SEVERAL
T TIMES
O N
P PURPOSE



Types of bullying:

PHYSICAL: kicking, punching, pushing, spitting, damaging someone's property

VERBAL: name-calling, insulting, use of derogatory or aggressive language, racist or prejudiced based remarks

EMOTIONAL/INDIRECT: leaving someone out, playing nasty jokes, spreading nasty stories about someone

CYBER: being unkind online, through social media or emails, or through texts

What you should do if you are being bullied

If you are being bullied, it is important that you try and sort it out so that it can stop.

You should try and sort it out **without hurting anyone** or **saying rude things**.

What to do:

Ask them to stop. Talk to them, ask them why they are saying or doing what they are doing.

If you can, be brave, make eye contact.

If they still do not stop then **you must TELL SOMEONE**.

Who you should tell:

A friend

Parent/Carer

A teacher

Any adult in school

School Buddies

School Council

It is so important to tell someone, so be brave, tell someone so they can help you.

Our bullying survey told us that telling a teacher can sometimes be the hardest thing to do.

It is a teacher's job to keep you safe in school, they will help you. **Be brave.**

What you should do if you see someone being bullied

Talk to the person, ask them if they are okay.

Help the person who is being bullied to tell someone – telling someone is the start to making it STOP.

What will happen to the bully?

Teachers promise to take bullying seriously.

Our Headteacher, Mrs Johnson, all staff and governors will work together to make our school a safe and happy place.

Teachers will put plans in place to make sure the bullying **STOPS**.



Designed by

School Council 2015/16